

Behavioral Health Outreach for Aging Populations (BHOAP)

What is the Behavioral Health Outreach for Aging Populations Program?

A grant funded “short-term” (maximum of 9 months) behavioral health program designed to help individuals in the community, ages 60+, by providing therapeutic support and treatment based on individual needs.

What can you expect from the Behavioral Health Outreach for Aging Populations Program and Staff?

- **No cost** for services provided by the Behavioral Health Counselor(s)
- Counselor will meet the consumer in a location of their choice (including telehealth)
- A Maximum of 2 visits per week
- Each visit will last between 45 to 60 minutes.
- Referrals to community programs
- Resources regarding behavioral health diagnosis and symptoms

What if Behavioral Health support is needed beyond the length of the program?

The Behavioral Health Counselor will act as a “bridge” to ensure a smooth transition to long term behavioral health support.

- Locating and making referrals to appropriate long term supports
- Conducting warm hand-offs to long term support services

Contact us at

Email BHOAP@asncm.org

or

Call **978-537-7411** and ask for the Behavioral Health Outreach for Aging Populations Program